

流行性感感冒疫苗注射服務

注射須知

2026/27 本機構將採用滅活注射式流感疫苗:

Fluarix

葛蘭素史克藥廠 GSK | 德國生產
適合 6 個月大或以上人士使用

可防禦流感病毒包括

1. 類甲型 A/密蘇里州 Missouri/11/2025 (H1N1)pdm-09-like virus 病毒
2. 類甲型 A/達爾文 Darwin/1454/2025 (H3N2)-like virus 病毒
3. 類乙型 B/東京 Tokyo/EIS13-175/2025 (B/Victoria 譜系) -like virus 病毒

建議注射流行性感感冒疫苗人士

滿 6 個月以上人士已經可以接流感疫苗，而疫苗尤其適合：

- 孕婦
- 嬰幼童/ 青少年
- 50 歲或以上人士
- 居於殘疾人士院舍的宿友
- 患有長期健康問題/ 慢性疾病人士
- 免疫力較弱人士
- 醫護人員
- 需要經常與人接觸的人士

注意：流感疫苗可與任何其他疫苗（包括滅活疫苗）同時接種，或在之前或之後的任何時間共同進行。但若參加者有其他考量，請先諮詢醫護人員

注射份量

- 9 歲以上人士（不論過往曾否接受注射），建議每年需接受流感疫苗一次
- 若 9 歲以下的小童過往從未接受過流感疫苗，需在完成第一劑後的四星期後，注射第二劑

接種後反應

- 一般而言，接受滅活注射式流感疫苗是非常安全的
- 注射後的常見反應，包括注射位週邊位置出現紅/腫/疼痛的局部短暫現象，亦可能於接種疫苗後 6-12 小時內，出現輕微發熱，流鼻水，肌肉疼痛或疲倦等短暫徵狀；症狀通常會在兩天內減退
- 罕見副作用：
 - 患上吉巴氏綜合症(每一百萬約有一至兩宗個案)
 - 腦膜炎或腦病變 (每三百萬有一宗個案)
 - 嚴重過敏反應 (每一千萬有九宗個案)

其他預防流感小貼士

除了接種疫苗外，恆常運動、均衡飲食、良好作息、在流感高峰期避免前往人多擠迫的公眾地方、保持良好的個人和環境衛生，也是預防流感的有效方法。

誰不適合接種？

- 6 個月以下嬰兒
- 對流感疫苗內任何成份或過往的流感注射有過敏反應
- 在注射當日身體嚴重不適或有發熱症狀的人士（請延後注射時間）
- 曾經患有吉-巴氏綜合症(Guillian-Barre Syndrome) 的人士，請先諮詢醫生意見

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Influenza Vaccination Service

2026/27 Influenza Vaccine offered by UCN :

Fluarix

GlaxoSmithKline (GSK)
Manufactured in Germany
For people aged 6 months or above

Protect Against:

1. A/ Missouri/11/2025 (H1N1)pdm-09-like virus
2. A/Darwin/1454/2025 (H3N2)-like virus
3. B/Tokyo/EIS13-175/2025 (B/Victoria lineage)-like virus

Notes for Influenza Vaccination

Who should have the Influenza vaccination?

People aged 6 months or above, especially for :

- Pregnant Women
- Children and adolescences
- Persons age 50 years or above
- Long-stay residents of institutions for the Persons with Disabilities
- Persons with chronic medical problems
- Immunocompromised persons
- Health care workers
- People who need frequent contact with others

Note: Influenza vaccines can be co-administered concomitantly, or at any time before or after any other vaccines (including live attenuated vaccines) under informed consent.

Dosage

- For individuals aged 9 years old or above: only 1 dose is needed. Annual vaccination is recommended
- For children 6 months to aged < 9 years, who have not previously been vaccinated against influenza, a second dose should be given at least 4 weeks (or 28 days) after the first dose

Possible side effect

- Local reactions may include occasional soreness, redness/ or swelling at the injection site. Systemic reactions may include mild fever, muscle-pain, influenza-like symptoms, malaise and fatigue. These symptoms may appear 6 to 12 hours after vaccination and last up to 2-3 days
- Serious and rare adverse events may include:
 - Guillain-Barre Syndrome (~1 to 2 case per million vaccinees)
 - Meningitis or encephalopathy (1 in 3 million doses distributed)
 - Severe allergic reaction (anaphylaxis) (9 in 10 million doses distributed)

Additional Tips for Influenza Prevention

Adopt Healthy Habits:

Regular exercise, balanced diet & adequate rest. Avoid going to overcrowded areas in influenza peak season. Maintain good personal & environmental hygiene

Who should not receive influenza vaccination?

- Children aged < 6 months
- Persons with a history of severe allergic reaction to any vaccine component or a previous dose of any influenza vaccine
- Influenza vaccination shall be deferred if fever, acute infection or severe unwell occurs on the day of vaccination
- Past history of Guillian-Barre Syndrome (Please consult healthcare professionals before getting the influenza vaccination)

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