

Ash Ngan

Counsellor

Qualifications

- Master of Social Sciences in Counselling (HK)
- Master of Arts in Psychology and Education (with merit) (UK)
- Bachelor of Science with Honours in Psychology (UK)



About Ash

Ash Ngan is a counsellor dedicated to supporting individual well-being through professional counselling services. Recognized as empathetic, thoughtful, and committed, Ash brings both academic excellence and practical experience to the fields of psychology and education.

Ash provides individual counselling, helping clients navigate emotional challenges and build resilience. Alongside clinical practice, Ash also contributes to education as an assistant lecturer at college, guiding students in their academic development and personal growth.

Ash holds postgraduate qualifications in counselling and psychology from universities in Hong Kong and the UK. With prior experience as a SEN specialist at an international school, Ash has worked extensively with children and young people, tailoring interventions to diverse learning and emotional needs. This combination of counselling expertise, teaching experience, and international academic exposure equips Ash to address a wide spectrum of psychological and educational challenges with professionalism and care.

Languages

Cantonese · English · Mandarin