Clinical Performance at Dietitian Clinic 2024-2025



overweight or obese patients achieved a BMI or Body Fat percentage reduction of

2% or above in the first 15 weeks. (n=184)



hyper-cholesterolemic patients achieved reductions of 5% or above in total cholesterol, LDL-cholesterol or triglycerides in 3-6 months. (n = 70)



diabetic patients achieved reductions of 5% or above in **fasting blood glucose or HbA1c** in 3-6 months. (n=50)

4.3% of BMI reduction,

from 27.6 to 26.4, was achieved on average. (n = 184)

15.0% of reduction in total cholesterol,

from 6.0 to 5.1, was achieved on average. (n=70)

15.1% of reduction in fasting blood glucose,

from 7.3 to 6.2, was achieved on average. (n=50)

Resources: Clinical Performance at Dietitian Clinic FY 2024

