

Clinical Performance at Dietitian Clinic 2023-2024



overweight or obese patients achieved a BMI or Body Fat percentage reduction of

2% or above in the first 15 weeks. (n=165)



hyper-cholesterolemic patients achieved reductions of 5% or above in total cholesterol, LDL-cholesterol or triglycerides in 3-6 months. (n = 56)



diabetic patients achieved reductions of 5% or above in **fasting blood glucose Or HbA1c** in 3-6 months. (n=29)

2.6% of BMI reduction,

from 27.3 to 26.6, was achieved on average. (n = 165)

8.8% of reduction in total cholesterol,

from 5.7 to 5.2, was achieved on average. (n=46)

8.2% of reduction in fasting blood glucose,

from 6.1 to 5.6, was achieved on average. (n=23)

Resources: Clinical Performance at Dietitian Clinic FY 2023







